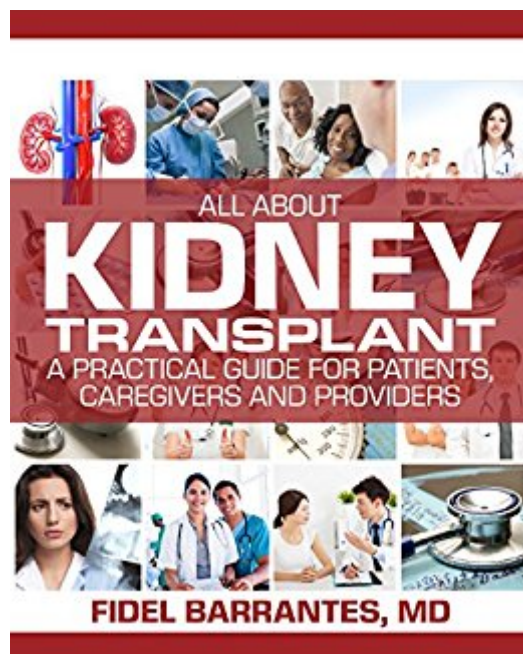




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# All About Kidney Transplant. A Practical Guide For Patients, Caregivers And Providers.: Fidel Barrantes M.D.



## Synopsis

I truly believe someone can improve his/her own life by improving his/her knowledge. Since i was in medical school and later on continued my training that led me to become a transplant specialist, I found one recurrent problem that impacted medical results : Patient Education. I found over and over patients run into serious medical problems because they did not know enough about their illness. In the transplant field this lack of education can even be life threatening. This is why I wrote this book. This book's aim is to provide you with education and knowledge on the common events, complications, precautions,etc after a kidney transplant. The ultimate goal is to help you succeed after a kidney transplant.This educational material includes five main sections and there is no set order in which you can start.

**SECTION I: THE BASICS BEFORE KIDNEY TRANSPLANT:** Introduction about how the kidneys works and what their main functions are, the usual labs that doctors use to evaluate kidney problems.

**SECTION II: FIRST 100 DAYS AFTER KIDNEY TRANSPLANT:** Day by day explanation following transplant. We concentrate on important events that impact patient and graft's survival. We provide helpful insights on important topics daily; most often in chronological occurrence.

**SECTION III: HOT TOPICS IN KIDNEY TRANSPLANTATION:** A list of more than 100 topics is explained putting emphasis on prevention.

**SECTION IV: GERIATRIC ISSUES AND THE ROLE OF PALLIATIVE AND HOSPICE CARE:** Here we discuss, important considerations for older adults with kidney disease, what happens when a transplant fails and the role of palliative / hospice care.

**SECTION V: FREQUENTLY ASKED QUESTIONS AND ANSWERS AFTER KIDNEY TRANSPLANTATION:** A list of Q & A that have been carefully selected from staff with several years of experience in the transplant field.

**SECTION VI: WHAT LIVING KIDNEY DONORS NEED TO KNOW:** We discuss important current aspects of kidney living donation and provide important tips to living donors. I hope you enjoy reading this book and that it helps you understand more about how a kidney transplant impacts recipient's life. My wish is that this book will help you gain the most of this precious gift (transplant).

Fidel Barrantes, M.D.

## Book Information

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## Customer Reviews

Authors passion for patient empowerment and education is felt in every paragraph of the book. This step-by-step guidance and detailed reference is mandatory for every kidney transplant recipient and their caregivers!

Excellent, well organized and readable information for anyone considering kidney transplant. I will use it to help educate my chronic kidney disease patients.

Very well written. Dr. Barrantes is a wonderful writer, explaining the most important factors regarding successful transplants.

Very detailed and easy to read guide for patients with kidney transplants and their family members. I would highly recommend it!

An outstanding resource for patients.Well organized and readable.

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